



*Do you only enjoy  
half of your life?*

*Do you feel that  
you are not  
in charge of  
your entire life?*

*Do you want  
to change but  
you don't know how?*

*Do you want to improve  
your life and your career?*

**reBorn Life Concepts**

**Your Partner for Life & Business Coaching,  
Counseling & Personal Development**

# Maybe one or more of these issues make you feel like you are only half of YOU?

- 🔥 Career
- 🔥 Relationships
- 🔥 Decision Making
- 🔥 Stress and Anxiety, Burn Out
- 🔥 Negative Emotions (Anger, Sadness, Fear, Guilt and/or others)
- 🔥 Painful Memories
- 🔥 Phobias
- 🔥 Lack of Self-Confidence or Self Esteem
- 🔥 Limiting Beliefs and Internal Conflicts
- 🔥 Loss of Interest
- 🔥 Bad Behavior (Nail Biting, etc.)
- 🔥 Weight Issues and Eating Disorders
- 🔥 Imbalance
- 🔥 Communication within Family and with others
- 🔥 Support for Teenagers (school stress, behavioral issues, anxiety, bad communication, bullying etc.)
- 🔥 Soft Skills for Professionals
- 🔥 a/o



# **We at reBorn Life Concepts can be your Partner and help you to release the burdens which keep you back in life!**

***How would you feel to be in control of your life and feel energized and ready to cope with your day?***











With our expertise in Life Coaching, Counseling and Personal Development Sessions for Private Persons and Business People we are the perfect partner for you in order to help you to cope with and release the issues you are facing and help you to feel balanced, free, positive and happy again.



***As a result of our coaching sessions you will be able to overcome difficulties in the best possible way, set better goals, take more action, make better decisions and fully use your natural strengths.***

Our Sessions can be offered in 3 languages (Greek, English, German).

## **Indicative Programs**

-  2-3-5 or 7 Days Mental Wellness Break Through Sessions (with or without hotel stay)
-  Stress Handling Programs
-  Releasing Negative Emotions & Limiting Beliefs
-  Building My Tomorrow
-  Supporting Weight Loss
-  Life Coaching for Teenagers
-  Family – Understanding Each Other Better
-  Quick Help Against Phobias
-  Reiki or Shamballa Sessions
-  Meditation



We can offer you our services in a location close to you (for companies also in their premises), in our own premises in Saronida, or you can take advantage of the unique possibility to experience our 2 – 3 – 5 or 7 days programs during a relaxing stay in a hotel of your choice, away from your daily activities and responsibilities for your overall Mental Wellness.

We can arrange for you the entire package (private sessions, hotel stay and eventually transfers and special activities).

**Take the next step into your New Life...**



**...and contact us for a first  
free of charge consultation!**

***We look forward to welcoming you!***

For more programs and information,  
please visit our web site or contact us directly.



**Petra – Martina Kroeger**

Master Practitioner NLP & Time Line Therapy®,  
Master NLP Coach, Master Practitioner Hypnosis  
reBorn Life Concepts Single Member P.C.

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